



# Young Carers Pledge

Do you have a caring role? If you do, your health care provider (space to insert name) will...

**WE SEE** you and listen to what you have to say



**WE RECOGNISE** that you have your own needs as the carer



**WE VALUE** your thoughts and opinions on how we take care of the person you look after



**WE CREATE** a welcoming and caring environment for you



**WE RESPECT** you know a lot about the person that you care for

If you think you are a young carer and would like more information you can speak to your GP, teacher, a trusted adult or (space to insert contact). You can always contact Surrey Young Carers on 01483 568 269.

