

Working with young people who might be young carers?

Join our band of guardian angels!

To earn your badge, take this short on-line training course

<http://surreycc.elumos.net/public/>

For more information email Lisa.roberts@actionforcarers.org.uk

Become young carer aware and wear one of our angel badges. This shows any young carer that you have completed the training and you know how to provide them with help, support and information.



The definition of a young carer

Young carers are under the age of 18 and provide unpaid help and support for someone with a long-term physical disability, mental health condition, or problems with drugs/alcohol.

Getting help and support

- **Surrey Young Carers**

Email syc@actionforcarers.org.uk

Website surrey-youngcarers.org.uk

Call us 01483 568269

- **Young Adult Carers** 01483 568269

- **Surrey Family Information Service**

Email surrey.fis@surreycc.gov.uk

Telephone 0300 200 1004

Kind

Guilty

Isolated

Protective

Stressed

