

## Making It Real for Young Carers

# Young Carers and Health

**Date:** Thursday 31 March 2016

**Times:** Registration 9:30am for 10:00am to 3:30pm

**Location:** Coin Street Neighbourhood Centre  
108 Stamford Street, South Bank, London SE1 9NH

9.30 am	<b>Registration / Tea / Coffee/ Look at stalls/ Networking</b>
10.00 am	<p><b>Welcome &amp; Opening Remarks</b></p> <ul style="list-style-type: none"> <li>- Lucy Warren – Chair Surrey Young Carers Forum</li> <li>- Messages from young carers</li> </ul>
10.10 am	<p><b>Supporting Young Carers; the role of Nurses and Public Health</b></p> <ul style="list-style-type: none"> <li>- Wendy Nicholson, Lead Nurse Children, young people &amp; families, Public Health England</li> </ul>
10.40 am	<p><b>Working together; A Memorandum of Understanding</b></p> <ul style="list-style-type: none"> <li>- Dave Ross NHS England</li> </ul>
11.00 am	<b>Questions</b> - from Young Carers to expert Health panel
11.20 am	<b>Tea/ Coffee / Look at stalls/ Networking</b>
11.45 am	<p><b>Making it Real; Two Case Studies</b></p> <ul style="list-style-type: none"> <li>- Paula Cruise NHS England</li> <li>- Tahlima Begum NHS England</li> <li>- Jen Kenward NHS England</li> </ul>
12. 00	<b>Questions</b> - from Audience to expert health panel /Discussion
12.30	<p><b>Making Stuff happen: a Case study</b></p> <p><b>Kirsty Fleetwood</b>, Community Development Manager, Virgin Care</p>
12.40	<b>Explanation of afternoon session - Lunch and Networking</b>

1.30 pm	<b>Workshops: Please choose from</b>	
	<b>Workshop A</b> <b>Young Carers and Mental Health</b>  <b>Ruth Hannan</b> - Carers Trust <b>Chrissie Caines</b> - Surrey and Borders Partnership NHS Trust – local implementation of the Triangle of Care <b>Alan Cooklin</b> - Kidstime Foundation	<b>Workshop B</b> <b>Young Carers and School Nurses</b>  <b>Sarah Tomkins and Camilla McEwan</b> - CSH Surrey <b>Anita Lamb</b> - First Community Health and Care
	<b>Workshop C</b> <b>Innovation in Communities</b> <b>Paul Watson</b> – Military Young Carers <b>Debbie Hustings</b> - Partnership Manager (Carers), Guildford & Waverley, East Surrey & Surrey Downs Clinical Commissioning Groups – work with MoD Practices <b>Charlotte Elmitt</b> - Salford Carers Centre - work with Pharmacies <b>Ruth Martin</b> – GP Carer Awareness Adviser - work with GPs	<b>Workshop D</b> <b>Carers World Radio</b>  Not a workshop as such but there will be an opportunity to join in with the making of a programme which will be podcast the following day.
2.45 pm	<b>Tea/Coffee / Look at stalls/ Networking</b>	
2. 50 pm	<b>Plenary Setting Priorities (in Tea/Coffee area)</b>  – Led by Young Carers  Pledges about turning what we have heard and said into action!	
3.30 pm	<b>Ends</b>	

## **Aim of the Event**

A major free networking event has been organised in association with NHS England, the Children’s Society and Carers Trust and their “Making a Step Change” programme. This will look in depth at the developing young carers and health agenda. Young carers have been developing their own narrative about their hopes and expectations about health services support for young carers.

Most of the speakers on the day will be people from health organisations or young carers working with them. This will include presentations from Public Health England and NHS England as well as several NHS Trusts and CCGs on local innovation.

The day will be an interactive event looking at whole family approaches; understanding requirements arising from NHS Policy and legislative change requiring improved support for young carers.

The Memorandum of Understanding for young carers “No Wrong Doors” encourages a joined up approach between adult and children’s social care. However, a new and broader carers Memorandum of Understanding is being developed by NHS England. This is designed to promote a whole system approach in supporting carers (including young carers) through local agreements between the NHS, Social Care and others. This is a really exciting opportunity to promote partnerships and whole system working that will benefit young carers.

There will be opportunities to discuss how this new Carers Memorandum of Understanding can be used in practice. If there really are to be no wrong doors for young carers, we all need to support health colleagues to ensure that shared and NHS Care Pathways promote the recognition and support of young carers. This is crucial given all the work happening around the country on integration and joint assessment processes.

## Workshop sessions

Workshops will provide details about some local work and include opportunities to network. There will be lots of information about latest thinking as well opportunities to share good practice and suggest improvements. There will be three breakout workshop areas and participants will be able to participate in all these workshops during the day.

## Taking Action

The event will conclude with a session led by young carers seeking our commitment to help deliver real change.

## Carers World Radio

The Carers World Radio team will be making a programme for podcast the following day. If you are interested in sharing something you are doing by being interviewed on the day please contact [news@carersworldradio.com](mailto:news@carersworldradio.com)

More information is available on line at: <http://www.youngcarersstuff.org/>



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**For enquiries:** Tel 01883 626264 or email: [Training@actionforcarers.org.uk](mailto:Training@actionforcarers.org.uk)



If phoning, please state which training course you are enquiring about.