**REABLEMENT Explained**

This is a relatively new service being offered by local councils in England. Reablement is a short and intensive service delivered in your own home, to help people who have experienced deterioration in their health to relearn the skills they need to keep them safe and independent at home.

For more information, visit [www.scie.org.uk/publications/ataglance/ataglance54.asp](http://www.scie.org.uk/publications/ataglance/ataglance54.asp) for the briefing "Reablement: A guide for families and carers".

**DON'T FORGET THE CLOCKS GO BACK**

**SATURDAY 27TH OCTOBER**

Enjoy a lazy Sunday morning with an extra hour's lay in.

**HELP US TO BEAT THE RECESSION**

...with your support you can help to boost our funds by shopping on-line.

Carers Support Spelthorne has joined thousands of good causes raising money through easyfundraising - when supporters shop using the links on this site CSS receive a free donation of up to 15% of the purchase price. As well as raising funds, this free website also gives shoppers access to hundreds of offers, discounts, vouchers and free delivery codes they won't find elsewhere.

To support Carers Support Spelthorne, visit [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk).

Carers Support Spelthorne is a registered charity. When supporters shop using the links on this site CSS receive a free donation of up to 15% of the purchase price.
INFORMATION

WELFARE REFORM - All Change

The Government is in the process of making the biggest changes to the working age benefits system for decades. For families affected by illness and disability this is bringing a great deal of uncertainty and fear. To try and explain what these changes will mean for carers and their families, Carers UK has put together a list of frequently asked questions and their answers. Here is an extract of what we believe is the most relevant.

What is the Universal Credit?

This is a new benefit replacing Working Tax Credit, Child Tax Credit, Housing Benefit, Council Tax Benefit, Income Support, Income Based Job Seekers Allowance and Employment & Support Allowance. Universal Credit (UC) will be paid to working age people who claim Universal Credit.

What will happen to me if I am currently getting one of the benefits being replaced by Universal Credit?

The Government plans to move everyone over to Universal Credit within the next 6 years and that no one will be worse off. They plan to provide “cash protection” as a top up payment to maintain your existing income. The good news here is that the Government plan to simplify the process so you will no longer need to make a formal application for the Carer’s Allowance. You won’t be directly affected by UC and will retain the same benefit and pension. The good news here is that the Government plans to simplify the process so you will no longer need to make a formal application for the Carer’s Allowance. You won’t be directly affected by UC and will retain the same benefit and pension.

What is happening to Carers Allowance?

If you get Carers Allowance but don’t qualify for means tested benefits you won’t be affected by the introduction of UC. If you do get means tested benefits with a Carer’s Component your benefits will be moved onto Standard Allowance UC and may include an additional sum for Carers, similar to the current Carers Premium. If you are over State Pension age and don’t currently get Carers Allowance under the existing rules you may get a Carer’s Addition in Pension Credit. You won’t be directly affected by UC and will retain the same benefit and pension. The good news here is that the Government plans to simplify the process so you will no longer need to make a formal application for the Carer’s Allowance.

What is happening to Disability Living Allowance (DLA)?

The Government plans to replace DLA with Personal Independence Payment (PIP) which will have a new structure and assessment process. PIP will assess if someone is already claiming DLA? PIP will be introduced in 2013/14. All new claims will be assessed as PIP claims after this date. From 2013 the Government will begin to reassess everyone already on DLA to reassess their condition(s). The Government has pledged they will give plenty of notice, but unlike UC they have not guaranteed that people will not be left worse off.

What if someone is already claiming DLA? PIP will be introduced in 2013/14. All new claims will be assessed as PIP claims after this date. From 2013 the Government will begin to reassess everyone already on DLA to reassess their condition(s). The Government has pledged they will give plenty of notice, but unlike UC they have not guaranteed that people will not be left worse off.

What can I do if I’m worried? Write to your MP. They will have to write to their local MPs who will have to write to their local councils. The House of Commons make the final decision. Now is the time to tell them what these changes will mean for you. Inform your local carers’ associations who will mean for your carers and their families. Carers UK has put together a list of frequently asked questions about Welfare Reform. Here is a selected extract of these changes.

The Government is in the process of making the biggest changes to the working age benefits system for decades. For families affected by illness and disability this is bringing a great deal of uncertainty and fear. To try and explain what these changes will mean for carers and their families, Carers UK has put together a list of frequently asked questions about Welfare Reform. Here is a selected extract of these changes.
INFORMATION
CARERS SUPPORT SPELTHORNE
Registered Charity No. 1061488

Take pleasure in inviting you to the
ANNUAL GENERAL MEETING
10.30 a.m.
Monday, 26th November 2012
The Goddard Room, Spelthorne Borough Council Office, Knowle Green

Light refreshments will be available after the meeting.

AGENDA
Welcome from the Chairman
Reports
- Election of Officers (Nominations welcome now!)
- Presentation from CSS Staff
- Address by The Mayor

Copies of Minutes of last AGM will be available at the meeting or in advance from CSS office.

* Yes I would like to attend the Annual General Meeting on Monday, 26th November 2012
* No I am not able to attend

Name ....................................................................................................................................
Address ..................................................................................................................................
Telephone Number ..........................................................................................................

Please return to Carers Support Spelthorne, Spelthorne Borough Council, Room 241, Knowle Green, Staines, TW18 1XA

Tell Us Once

Losing a loved one is hard enough without the stress of paperwork and telephone calls to make. This scheme aims to ease this burden by allowing you to inform multiple government agencies at the same time.

Information given to the advisor is only passed onto government departments that need to know.

HM Revenue & Customs (Child Benefit, Tax Credit etc)
Social Security
Passport Service
Pension Service
DLA (Disabling Licence Agency)
Council Housing
Council Tax Office
Children’s Services

The type of information you will be asked to provide about the person includes:
- Death certificate details—you get this when the death is registered
- Their National Insurance number
- Their date of birth
- Details of any benefits and services they were getting
- Death certificate details—you get this when the death is registered
- Their National Insurance number
- Date of birth

When you have registered the death the registrar will tell you about your options for using Tell Us Once.

Inform us on one phone call about the death to inform multiple government agencies at the same time.

This scheme aims to ease this burden by allowing you to inform multiple government agencies of the same time.

Tell Us Once.
We would like to invite you along to our Support Groups. You are more than welcome to attend more than one if you wish and they are held in various locations.

**ADHD/ADD, ASD & Aspergers**

Meetings are held at The Old Red Lion, Leacroft, Staines, TW18 4RP.

**SCAN / Spelthorne Physical & Sensory Disabilities**

Meetings are held at The Old Red Lion, Leacroft, Staines.

**Spelthorne Older People**

Meetings are held at The Old Red Lion, Leacroft, Staines.

**Children With Disability Forum**

Meetings are held at The Old Red Lion, Leacroft, Staines.

We are looking forward to meeting you all. For further information, please contact Emma Carers Camp Manager on 01784 446234.
To all our Carers, please see the enclosed three invites for forthcoming outings.

We are always interested to find out if there are any specific venues or places of interest that you like to visit and welcome your suggestions. We will look into any recommendations when organising future trips, so please let us know if you have any ideas.

The tour of Parliament and Westminster Hall was very interesting. The security on entry was an experience in itself, never again shall I moan about the door entry swipe cards here at the office! The history was amazing and just about every historical figure is connected to this building somewhere along the way. Unfortunately, we were unable to tour The House of Lords as they were sitting at the time, but we managed to tour the rest of the building, including The House of Commons. I was shocked at how small it was, and the tour of Parliament and Westminster Hall was very interesting. The security on entry was an experience in itself, never again shall I moan about the door entry swipe cards here at the office!

The trip to Marwell was a fantastic day out. It was fully booked and the coach was full. This trip was arranged during the school summer holidays to enable children to attend. We had fabulous weather which meant that all the animals were out in their paddocks enjoying the sunshine. At set times, the staff conducted talks about various animals whilst feeding them, which meant that they came close to the spectators. We had plenty of places to eat and get refreshments and give us a really good view.

I hope that everybody enjoyed their day out with the animals. It also had a very large, well-stocked gift shop.

The trip to Marwell Wildlife was a fantastic day out. It was fully booked and the coach was full. This trip was arranged during the school summer holidays to enable children to attend. We had fabulous weather which meant that all the animals were out in their paddocks enjoying the sunshine. At set times, the staff conducted talks about various animals whilst feeding them, which meant that they came close to the spectators. We had plenty of places to eat and get refreshments and give us a really good view.

If you would like to re-visit, as we were unable to visit The House of Lords, you can arrange this through Kwasi Kwarteng our local MP. His email: kwasi.kwarteng.mp@parliament.uk (it is worth bearing in mind that they rarely sit in The House of Lords on a Friday).

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<table>
<thead>
<tr>
<th>Dates for your Diary</th>
<th>Carers Support Spelthorne</th>
<th>Useful Numbers</th>
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<tbody>
<tr>
<td><strong>Sept</strong></td>
<td></td>
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<tr>
<td>03 Male Carers Network</td>
<td>'Independent advice, support and information for Carers and Parent Carers'</td>
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<tr>
<td>11-1pm The Old Red Lion</td>
<td>A 'Listening ear' and support for individual Carers.</td>
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<td>04 Aspergers Support Group</td>
<td>Information about services and benefits.</td>
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<tr>
<td>10-12 Room 201</td>
<td>Assistance with form filling, letter writing, telephone calls.</td>
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<tr>
<td>05 ASD Support Group</td>
<td>Advocacy.</td>
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<tr>
<td>10-12 Room 201</td>
<td>Support groups and workshops on a variety of topics.</td>
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<tr>
<td>06 ADHD/ADD Support Group</td>
<td>Special events and outings.</td>
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<tr>
<td>10-12 Room 201</td>
<td>The service provided is confidential.</td>
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<tr>
<td>25 Carers Camp</td>
<td>For more information Contact:</td>
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<tr>
<td>1-3pm Fordbridge Centre</td>
<td>Team Leader / Parent Carers Support Worker</td>
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<td></td>
<td>Jacqui MacLean</td>
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<td><strong>Oct</strong></td>
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<td>02 Aspergers Support Group</td>
<td>Carers Support Workers</td>
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<td>10-12 Room 201</td>
<td>Celia MacKay</td>
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<td>03 ASD Support Group</td>
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<td>10-12 Room 201</td>
<td>Rayner Ward</td>
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<td>04 ADHD/ADD Support Group</td>
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<td>10-12 Room 201</td>
<td>Alyson Blakemore</td>
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<td>27 Carers Camp</td>
<td>01784 446234</td>
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<td>11-1pm Venue TBC</td>
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<td><strong>Nov</strong></td>
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<td>06 Aspergers Support Group</td>
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<td>10-12 Trevor Baker Room</td>
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<td>07 ASD Support Group</td>
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<td>08 ADHD/ADD Support Group</td>
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**PLEASE CALL THE CSS OFFICE TO CONFIRM VENUE FOR THE ABOVE MEETINGS**

If you would like to be kept up-to-date via text message regarding support groups, trips etc. then please let us have your mobile number.

**Carers Support Spelthorne**
Spelthorne Borough Council
Room 241
Knowle Green Staines
Middx TW18 1XA
Registered Charity No. 1061488

www.CarersSupportSpelthorne.co.uk

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We do not accept liability for any errors, inaccuracies or omissions, or for any matters with or arising out of the publication of this information.