

Other useful contacts and organisations

Surrey County Council Adult Social Care – 0300 200 1005

Surrey County Council SMS service – 07527 182861

Adults Team – 0300 200 1005

Children – 0300 200 1006

Out of hours – 01483 517898

www.surreycc.gov.uk/adultsocialcare

NHS Direct – 111

Action for Carers Surrey - 0303 040 1234

Action for Carers Surrey SMS service - 07714 075993

Email: CarerSupport@actionforcarers.org.uk

www.actionforcarers.org.uk

Carers Direct – 0300 123 1053

www.nhs.uk/carersdirect

Crossroads Care Surrey – 01372 869970

www.crossroadscaresurrey.org.uk

October 2017



Carers

Prescription

Information

leaflet

Do You Look After Someone?

Then you are a Carer. A carer is anyone who cares, **unpaid**, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support. **Anyone can become a carer; carers come from all walks of life, all cultures and can be of any age.**

Carers are extremely important to the NHS, however, too often carers do not receive the recognition and support they need and deserve.

The NHS recognises and values your role as a Carer. We can offer you support by way of a Carers' Prescription. This will put you in contact with support services

NHS



The Carers' Prescription allows health staff to support carers they come into contact with by referring them to a range of support services across Surrey. The support can be provided to the carer directly, or to the person being cared for to help the carer improve the balance between their caring roles and their life away (alongside) from caring.

The following are the services available through the Carers' Prescription:-

Social Care: A referral to Surrey Country Council for advice, information and support, or to request a Carers' Needs Assessment.

Joint NHS and SCC Carers' Information Pack.

Carers' Emergency Card.

Surrey adult carers support the service provides independent information, advice and advocacy for Carers over 18 years irrespective of who they are caring for

Crossroads Care Surrey provides flexible home based care for carers looking after family or friends.

Crossroads End of Life Carers' Support offers a free unlimited service for those caring for someone with a life limiting diagnosis during the last year of their life.

Moving and Handling Service provides specialist advisors to give tailored information, advice and training to carers in their own homes on all aspects of moving and handling the person they care for.

Surrey Young Carers support carers under the age of eighteen years.

Giving Carers a Voice lobbies and campaigns to raise awareness of carers' issues.

Digital Offer: Our on line offer for carers to provide training, and support over the web

Military Carers Support Service is a dedicated service for armed forces families including existing service personnel and ex-service personnel (veterans)

Dementia Services offers free support and advice for Carers who care for someone who is suffering from dementia

TIHM for Dementia: A two-year clinical trial is being run to improve the lives of people with dementia and their Carers.

Fair Processing Notice

In order to refer you to Carers' Services we need to collect some personal, confidential information.

This leaflet explains how your personal information will be used and shared by key providers working together in Surrey. The information provided as part of the Carers' Prescription will not be shared or used for any other purpose other than to provide the Carers' Prescription Services.

Your data will be shared with the relevant Carers Services that have been identified in your Carers' Prescription on a need to know basis. These include:-

Surrey Independent Living Council

Surrey County Council

Action for Carers Surrey
Crossroads Care
Alzheimer's Society
Runnymede Dementia Service
Surrey and Borders Partnership Trust
White Lodge Centre

The above organisations are committed to complying with the Data Protection Act 1998. We will only process (i.e. collect, store and use) personal data in a manner that is compatible with the Data Protection Act 1998. This means that we will always strive to ensure that we handle personal data fairly and lawfully with justification. Our aim is to ensure we handle information that is of the highest quality in terms of accuracy, relevance, adequacy and which by all accounts it is fit for purpose and will be held securely.

Subject Access Rights

Under the Data Protection Act 1998, individuals can request a copy of information about themselves on computer and in paper records. If an individual wishes to make a subject access request, they should write to Surrey Independent Living Council who are processing the data on behalf of the Carers' Prescription Service.

If at any time you wish to opt out your consent to take part in this service, please confirm in writing to Surrey Independent Living Council who can be contacted at:

SILC,, Astolat,, Coniers Way,, Burpham,, Guildford,, Surrey., GU4 7HL

Surrey Carers' Prescription Data

Sharing Consent Form

By filling in this form I consent to my personal, confidential information being shared with the list of Carers Service providers that support my role as a Carer.

Carer's Name:

Address:

I authorise my health practitioner to disclose my personal, confidential data to Surrey Independent Living Council.

Carer's Signature:

Date:

Parental Consent Notice

It is necessary to obtain consent for your child/ren to be referred to Surrey Young Carers Service. Any information collected about your child will only be used for the purpose of this service.

Name of young carer/s:

- 1.
- 2.
- 3.
- 4.

Parent/Guardian Name:

Parent/Guardian Signature:

Date: