



# RSCH Carers prescription information leaflet

## Do You Look After Someone?

Then you are a carer. A carer is anyone who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support. Anyone can become a carer; carers come from all walks of life, all cultures and can be of any age.

Carers are extremely important to the NHS, however, too often carers do not receive the recognition and support they need and deserve.

The Royal Surrey County Hospital recognises and values your role as a Carer. We can offer you support by way of a Carers' Prescription. This will put you in contact with support services.

# The Surrey NHS Carers Prescription

The Carers' Prescription allows health staff to support carers they come into contact with by referring them to a range of support services across Surrey. The support can be provided to the carer directly, or to the person being cared for to help the carer improve the balance between their caring roles and their life away (alongside) from caring.

The following are the services available through the Carers' Prescription:-

1. Social Care: A referral to Surrey Country Council for advice, information and support, or to request a Carers' Needs Assessment.
2. Joint NHS and SCC Carers' Information Pack.
3. Carers' Emergency Card: Your details and contingency plans can be registered by SCC in case of an emergency.
4. Carers' Support Organisations: Across Surrey these organisations provide information, advice, advocacy, emotional support, training, social groups and events to carers' who are eighteen years plus. They are also able to refer a carer for an early intervention payment.
5. Crossroads Care Surrey provides flexible home based care for carers looking after family or friends.
6. Crossroads End of Life Carers' Support offers a free unlimited service for those caring for someone with a life limiting diagnosis during the last year of their life.
7. Moving and Handling Service provides specialist advisors to give tailored information, advice and training to carers in their own homes on all aspects of moving and handling the person they care for.
8. Surrey Young Carers support carers under the age of eighteen years.
9. Support around Learning and Work for carers aged sixteen years plus who are either juggling work with care or who wish to go back into some form of employment, education or training.
10. Giving Carers a Voice lobbies and campaigns to raise awareness of carers' issues.
11. Mencap Leisure Services provide short breaks for parent carers caring for children with a learning disability.

# Fair Processing Notice

In order to refer you to Carers' Services we need to collect some personal information.

This leaflet explains how your personal information will be used and shared by key providers working together in Surrey.

Your data will be shared with the relevant Carers Services that have been identified in your Carers' Prescription. These include:-

- Surrey Independent Living Council
- Surrey County Council
- Carers' Support
- Action for Carers Surrey
- Mencap
- Crossroads Care
- White Lodge Centre

The above organisations are committed to complying with the Data Protection Act 1998. We will only process (i.e. collect, store and use) personal data in a manner that is compatible with the Data Protection Act 1998. This means that we will always strive to ensure that we handle personal data fairly and lawfully with justification. Our aim is not to be intrusive by invading your privacy or to undertake any task which is irrelevant. Instead our aim is to ensure we handle information that is of the highest quality in terms of accuracy, relevance, adequacy and which by all accounts it is fit for purpose and will be held securely.

## Subject Access Rights

Under the Data Protection Act 1998, individuals can request a copy of information about themselves that is held on computer and in paper records. If an individual wishes to make a subject access request, they should write to Surrey Independent Living Council who are processing the data on behalf of the Carers' Prescription Service.

If at any time you wish to revoke your consent to take part in this service, please confirm in writing to Surrey Independent Living Council who can be contacted at:

SILC  
Astolat  
Coniers Way  
Burpham  
GUILDFORD  
GU4 HL

The information provided as part of the Carers' Prescription will not be shared or used for any other purpose other than to provide the Carers' Prescription Services.

# Surrey Carers' Prescription Data Sharing Consent Form

Consent to share data

By filling in this form I consent to my information being shared with the list of Carers Service providers that support my role as a carer.

Carer's Name

Address

I consent to my personal data which relates to the Carers' Prescription being disclosed.

Yes / No

I authorise my health practitioner to disclose my personal data to Surrey Independent Living Council.

Carer's Signature

Date

Parental Consent Notice:

It is necessary to obtain consent for your child/ren to be referred to Surrey Young Carers Service. Any information collected about your child will only be used for the purpose of this service.

Name of young carer/s

- 1.
- 2.
- 3.
- 4.

Parent/Guardian Name

Parent/Guardian Signature

Date