



Surrey Carers Prescription

What is the Surrey Carers Prescription?

The Carers Prescription is a form of social prescribing for carers. It is a multi-agency, online, secure, referral mechanism which allows professionals to refer Carers (including Young Carers and Young Adult Carers) to a range of Carer Support services available in Surrey.

You can find the prescription at www.surreynhscarersprescription.co.uk

Who are Carers?

According to the latest data, there are over 115,000 carers of all ages living in Surrey. They look after a family member or friend with a disability or long term condition, mental health problem, or alcohol or substance misuse issue. The care they provide is unpaid. However, caring can take its toll both physically and emotionally, with the carer's own health and well-being suffering as a consequence of their caring responsibilities. It is vital that carers are identified and supported at the earliest stage possible so that they have access to the support needed.

What happens when I complete a Carers Prescription?

1. Once you follow the link to the Carers Prescription landing page, you will see a tab in the top right hand corner marked 'make a referral'. This opens up the Carers Prescription referral form.
2. You will need to fill in some information about the Carer.
3. We will ask for your contact details—this is just in case we need to ask you a question
4. To be GDPR compliant you must provide the Carer with a Fair Processing Notice and ensure they understand how their information will be used and which organisations it could be shared with. To download a Fair Processing Notice click the tab below 'make a referral'. We recommend you keep a stock of these Fair processing notices so they are accessible to staff.
5. **PRINT BEFORE YOU SUBMIT** and file a copy in the patient notes, Action for Carers Surrey will receive the prescription and make contact with the carer to discuss their support needs. This usually takes between 5-10 days unless they are a priority carer such as those caring in End of Life circumstances where contact will be made within 2 days. You will then receive an email notification to say the prescription has been dispensed.

If you have any problems or would like some more information on the Carers Prescription?

Contact Debbie Hustings (debbie.hustings@nhs.net) or Ron Critcher (ron.critcher@surreycc.gov.uk).

Training is available to staff teams on how to use the Carers Prescription. Please contact either Debbie or Ron.

For information on Carers Services available please call - Action for Carers Surrey on 0303 040 1234