



## SURREY CARER FLU FIGHTERS

### HELP PROTECT CARERS FROM FLU THIS WINTER

#### Why the person who cares needs a flu vaccination

1. Unlike a cold, flu forces most people to take to their bed for several days. If the carer caught the flu, it would be difficult, if not impossible, for them to continue to care which could be very distressing and even dangerous in some circumstances.
2. Flu often strikes without warning. It could leave carers with little or no time to ask someone else to look after the person/s they care for until they get better.
3. If the carer doesn't have a flu vaccination, there's an increased risk that they could pass the virus on to the cared for person, even if they have no symptoms themselves

#### Encourage carers to book their free NHS flu vaccination today!

This year Surrey is encouraging all carers to get vaccinated.

As professionals who support carers on the frontline you are perfectly placed to provide carers with one of our new Carers Flu Vaccination Vouchers. They may not be aware of how important it is that they have a flu jab or that they can have one free of charge.

#### ACCESS

NHS England host the contract for flu vaccination. Before you provide the carer with a voucher and to avoid embarrassment please make sure that you inform the carer that not all community pharmacists are signed up to the flu vaccination programme and that there may be further exclusions based on medical grounds. The vouchers are valid throughout the Flu season.

Many thanks for being Surrey Flu fighters!