

## Useful Contacts

Surrey County Council Adult  
Social Care Contact Centre  
0300 200 1005

or text 07527 182 861.

Or visit [surreycc.gov.uk/  
adultsocialcare](http://surreycc.gov.uk/adultsocialcare)

### Action for Carers—

Carers Information Centre

0303 040 1234

Or visit [actionforcarers.org.uk](http://actionforcarers.org.uk)

For information of other organ-  
isations visit

[Surreyinformationpoint.org.uk](http://Surreyinformationpoint.org.uk)

## Do you look after someone who couldn't manage without you?

### GP Carer Registration Form



### Does your GP Know?

Many people look after family or friends who can't manage without them. This could be due to a serious health condition, disability, mental health, illness, frailty, addiction or substance misuse. Being a carer can often affect your own health but your GP can support you if they know you care for someone.

Just fill in the form and hand it to a receptionist to register yourself as a **CARER!**

## Tell us about yourself

Name

Address

Name of Surgery

Your Date of Birth

Gender

Home phone number

Mobile phone number

Email address

Preferred method of contact

Are there any children in the household? Y/N

What is the primary condition of the person you are caring for?

Is the person you care for registered with the practice Y/N

Do you have permission to give the persons name to the practice Y/N

If Yes what is their name?

If Yes please sign your name below to confirm you have permission

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FOR SURGERY STAFF USE:

Once the Carer has identified, you should identify any communication, religious or cultural barriers and then provide the appropriate support.

### Have you checked for young carer's?

You should now:

- ◆ Register the patient as a carer using Read Code 918
- ◆ Refer the carer for support services and assess for a GP Carer Break Payment (they may need an appointment)
- ◆ Ensure the health needs of the carer have been identified and assessed appropriately
- ◆ Ensure the carer has been given information and understands the benefits of registering as a carer

## What happens next?

Please ask to be given 'The Guide on Carers Support in Surrey' and Carers Emergency Card , Also take a look at your surgery's Carers Resource File.

If you feel that your health is suffering due to looking after someone, please make an appointment to see your doctor.

Your GP can help you to look after your own health needs by having more knowledge of your caring role, perhaps with a Carers Prescription.

Please note: Completing this form does not automatically entitle you to have access to the medical records of the person you are caring for. Check your surgery policy regarding this

**Pick up your Carers  
Emergency Card up to-  
day from this surgery**

